Annual Report

Fiscal Year 2076/77 BS (2019/20)

NEPAL INSTITUTE OF RESEARCH AND COMMUNICATIONS (NIRC)

Published August 2020
Implemented programmes/events in four provinces (Province 1, 2, Bagmati and Gandaki)

- Built capacities of 1107 development professionals and students
- 9 Collaborations with organizations representing government agencies, I/NGOs, academic and research institutions, private companies
- 28 Trainings
Nepal Institute of Research and Communications (NIRC) is a research and training institute focusing on development research and communications. We aim to promote the culture of designing, implementing and communicating research in Nepal especially in the field of social development. We are registered as a private limited company under the Office of Company Registrar in Kathmandu, Nepal. We began our operations from April 1, 2018.

How our journey began?
Stories are known when they are told. The idea to establish NIRC began when we realized that stories are known to the world when they are told. Effective communications therefore is the key. Communications cannot work in its entirely in isolation. It is imperative to understand research better in order to communicate better. So, we came up with this idea of a platform that can promote better development research and communications in Nepal.
Our Services

Design and development of research projects

• Developing research proposals and concept notes as part of fundraising initiative for various development and charity organizations.
• Designing Project Management approaches and tools for quality assurance of the project deliverables.

Research Communications, Research Uptake and Knowledge Management

• Developing social media strategies and handling social media networks such as Facebook, LinkedIn and Twitter for professional organizational communications.
• Developing knowledge management portals for organizations/agencies looking towards making their information accessible and effective.
• Developing event videos, conducting live social media updates, preparing event reports, blogs and photo blogs, among others.
Data Translation, Analysis, Synthesis, Writing and Packaging

- Translation of research data, analysis and interpretation of data (qualitative, quantitative, mixed) as well as developing research reports.
- Synthesis and development of case studies, research/policy briefs, info-graphics and cover designs for various research publications.

Training, Mentoring and Capacity Development

- Facilitation of trainings and workshops on various research and communications themes.
- Technical support and mentorship to enhance research and communications skills for various professionals and organizations.

Policy and Advocacy

- Technical support in development of policies, strategies, guidelines and other strategic documents for government and non-government sector.
- Development of advocacy and communication strategies for implementation of various social initiatives especially for non-profit/charity based organizations.
Our Projects in FY 2076/77 BS (2019/20)

Data Management (Translation and Transcription) Support
NIRC supported University of Washington’s Indigenous Wellness Research Institute, School of Social Work for translation and transcription of qualitative data collected as part of Tribal Water Security project.

Capacity Building on Grant Proposal Writing
As a flagship training of NIRC, we successfully completed 2 batches of 2-day training on ‘Grant Proposal Writing: Conceptual and Practical Approaches’ in August and December, 2019 in Kathmandu. So far, we have already conducted 8 batches of face-to-face training on Grant Proposal Writing.

Research Paper Writing Training (with focus on Public Health)
NIRC conducted a 2-day Research Paper Writing training on February 9-10, 2020 specifically for public health researchers and graduates. During the training, various aspects of research paper writing such as IMRAD technique, literature review and search, ethical guidelines, journal paper selection were discussed.

Event Management Support for Third Nepal Conference on Restorative Justice
Capacity Building on Quantitative Data Management and Analysis (using R programming)
NIRC conducted a 2-day training on quantitative data management and analysis (using R programming) on November 22-23, 2019. The training was conducted in collaboration with Dreamers and Researchers, Inc. (DRI).

Organizational Leadership and Conflict Management Training
NIRC facilitated a 3-day training on Leadership and Conflict Management to SOS Bahini, a Pokhara based NGO from July 19 to 21, 2019. During the training, various aspects of leadership qualities and managing conflict within team members were discussed for effective team management and organizational performance.

Qualitative Data Analysis Training
NIRC conducted a 2-day training on qualitative data analysis on September 14-15, 2019. The training was facilitated by Dr Kapil Dahal, Lecturer at Central Development of Anthropology, Tribhuvan University. During the training, various qualitative research methods and coding techniques were discussed.
Online Training Events during Covid-19 Lockdown

Since the lockdown declaration in April 2020 due to Covid-19 pandemic, NIRC conducted series of online training events on Grant Proposal Writing, Research Paper Writing, Qualitative Data Analysis, Monitoring and Evaluation and Academic Paper Writing. We conducted 22 online training events in the course of 3 months with over 1107 interested individuals participating in these events.

The list of online training events we conducted include:

- Research Paper Writing – 11 batches
- Monitoring and Evaluation – 4 batches
- Grant Proposal Writing – 3 batches
- Qualitative Data Analysis – 3 batches
- Proofreading and Copyediting – 1 batch

Documentaries on Mental Health, Menstrual Health and Visit Nepal 2020

We developed two documentaries on mental health for Transcultural Psychosocial Organisation (TPO) – Nepal. These documentaries were being filmed in Sindhupalchowk and Chitwan. Likewise, we also developed a documentary on MenstruAction – a collaborative project of Visible Impact and GIZ Nepal to build capacities of adolescents of Bidur Municipality, Nuwakot district on menstrual health and youth leadership. Similarly, we also supported in Visit Nepal 2020 campaign by developing a short video on Mustang Trails for Visit Nepal 2020 Secretariat under the Ministry of Tourism and Civil Aviation, showcasing geographic and cultural aesthetics of Mustang valley.
Our CSR Initiatives

World Breastfeeding Week Photo Competition
On the occasion of World Breastfeeding Week 2019 which is held every year from August 1 to 7, NIRC in collaboration with Sagun’s Blog initiated a World Breastfeeding Week Photo Competition to motivate the health workers living in rural areas. A total of NPR 25,000 was provided to 7 winners (one from each province).

The winners of the photo competition were:

1. Province 1 - NICU, BPKIHS, Dharan
2. Province 2 – Hariwan Municipality, Sarlahi
3. Bagmati Province – Lapa Health Post, Dhading
4. Gandaki Province – Panchkhuwa Deurali Health Post, Gorkha
5. Province 5 – Birkhot Health Post, Purbakhola-5, Palpa
6. Karnali Province – Simkot Rural Municipality, Humla
7. Sudurpaschim Province – Chaukham Health Post, Sigas Rural Municipality, Baitadi

NIRC Support to Covid-19 affected
NIRC, in collaboration with Work for Nepal, provided nutritional support to Pregnant and Lactating Women living in flood-affected communities of ward number 2, Kamal Rural Municipality, Jhapa, Province 1.

Likewise, NIRC supported financially with NPR 10,000 for Corona Pandemic Response Integrated Relief Package Fund established and managed by BHORE Nepal. The fund was utilized to help the most vulnerable who are severely affected by Covid-19 in Province 2 through integrated support package.
Our Collaborators

The organizations we have collaborated with for our projects in fiscal year 2076/77 are:

- BHORE
- DRI
- Nepal Forum for Restorative Justice
- SAGUN'S BLOG
- TPO Nepal
- UNIVERSITY of WASHINGTON
- Visible Impact
- Visit Nepal 2020
- WORK FOR NEPAL
This research conducted by Saurav Ranabhat highlights the plight of women photojournalists in Nepal.
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