NIRC in Numbers

Expanded coverage to all seven provinces of Nepal

Built capacities of 3000+ professionals, early career researchers and students

43 Collaborations
Expanded collaboration to 43 agencies representing I/NGOs, NGOs, private companies

75+ Trainings
About NIRC

Nepal Institute of Research and Communications (NIRC) is a research and training institute focusing on development research and communications. We aim to promote the culture of designing, implementing and communicating research in Nepal especially in the field of social development. We are registered as a private limited company under the Office of Company Registrar in Kathmandu, Nepal. We began our operations from April 1, 2018.

How our journey began?

Stories are known when they are told. The idea to establish NIRC began when we realized that stories are known to the world when they are told. Effective communications therefore is the key. Communications cannot work in its entirely in isolation. It is imperative to understand research better in order to communicate better. So, we came up with this idea of a platform that can promote better development research and communications in Nepal.
Our Services

Design and development of research projects

- Developing research proposals and concept notes as part of fundraising initiative for various development and charity organizations.
- Designing Project Management approaches and tools for quality assurance of the project deliverables.

Research Communications, Research Uptake and Knowledge Management

- Developing social media strategies and handling social media networks such as Facebook, LinkedIn and Twitter for professional organizational communications.
- Developing knowledge management portals for organizations/agencies looking towards making their information accessible and effective.
- Developing event videos, conducting live social media updates, preparing event reports, blogs and photo blogs, among others.
Data Translation, Analysis, Synthesis, Writing and Packaging

- Translation of research data, analysis and interpretation of data (qualitative, quantitative, mixed) as well as developing research reports.
- Synthesis and development of case studies, research/policy briefs, info-graphics and cover designs for various research publications.

Training, Mentoring and Capacity Development

- Facilitation of trainings and workshops on various research and communications themes.
- Technical support and mentorship to enhance research and communications skills for various professionals and organizations.

Policy and Advocacy

- Technical support in development of policies, strategies, guidelines and other strategic documents for government and non-government sector.
- Development of advocacy and communication strategies for implementation of various social initiatives especially for non-profit/charity-based organizations.
Our Projects
[FY 2078/79 (2021/22)]

A brief description of our projects implemented during the Nepali fiscal year 2078/79 BS (2021/22)

Ongoing Research

External Evaluation of COVID-19 Vaccine Accessibility and Awareness

NIRC is currently leading an external evaluation of the project, ‘COVID-19 vaccine access and awareness for rural communities in Nepal’. The project is led by Lutheran World Relief (LWR) and implemented through its local partners – SAHAMATI, DAFUO and KVS in Lumbini and Madhesh provinces.

Research on Status of Civic Space and Situation of CSOs in Nepal

NIRC, with the funding support of Plan International Nepal and coordination/implementation support from Feminist Dalit Organization (FEDO), is starting this important research to document the status of civic space and situation of civil society organizations (CSOs) in Nepal – particularly linking with the CSOs led by Dalit and youth representatives in the country. The study is being conducted in Karnali and Madhesh provinces.

Completed Research

Research on Cross Border Anti-Human Trafficking

NIRC led two research assessments for Good Shepherd International Foundation (GSIF) and Opportunity Village Nepal (OVN) as part of the research consultancy on Cross Border Anti-Human Trafficking (CBAHT) project. The two research studies include ‘Reintegration of trafficking survivors in family/community: Approaches and practices in Nepal’ and ‘(Re)integration of trafficking survivors in family/community: Approaches and practices in Nepal’. The reports of these two studies were disseminated at a provincial level event organized by GSIF and OVN on June 30, 2022 in Bhairahawa, Rupandehi district, Lumbini Province.
Research on Functional Limitation and Learning Achievement

NIRC led a research study, ‘Relationship between functional limitation and learning achievement’ as part of Strengthening Inclusive Education in Nepal (Sikai) project funded by World Vision International Nepal and implemented by Rastriya Rojgar Prabhardhan Kendra (RRPK) in Sarlahi district, Madhesh Province. The study was conducted between April and August, 2022.

Capacity Building Events

Research Paper Writing training in Kathmandu

NIRC organized a public training event on Research Paper Writing in Kathmandu on July 16 and 17, 2022. We are very much thankful to Chief Guest, Assistant Professor Chiranjibi Bhandari and Guest Kamal Koirala, development professional for gracing the closing ceremony and providing useful tips for our participants. Altogether 23 participants from medicine, public health, development sector attended the training.

Academic Paper Writing for Universal College of Medical Sciences (UCMS) students in Bhairahawa, Rupandehi

NIRC, in collaboration with the Kinesis organized a one-day training event on Academic Paper Writing for students of Universal College of Medical Sciences and Teaching Hospital on July 3, 2022. The training was organized in Bhairahawa, Rupandehi in Lumbini Province.
Academic Paper Writing for Institute of Agriculture and Animal Science (IAAS) students in Paklihawa, Rupandehi

NIRC, in collaboration with Institute of Agriculture and Animal Science (IAAS), Paklihawa conducted a one-day training on Academic Paper Writing for students of Institute of Agriculture and Animal Science (IAAS), Paklihawa, Rupandehi, Lumbini Province on July 2, 2022.

Grant Proposal Writing Training in Kathmandu

NIRC organized a public training event on Grant Proposal Writing in Kathmandu on June 18 and 19, 2022. We are very much thankful to Chief Guest, Prem Bahadur Giri, a local governance expert for gracing the closing ceremony and providing useful tips for our participants. Participants from development, social science, public health sector attended the training.

Monitoring and Evaluation for BSW and MA students of Campion College

In collaboration with Campion College, a 2-day training on Monitoring and Evaluation was organized for BSW and MA students. The event was held on January 9-10, 2022, at the college premises.
NIRC Annual Report 2021/22

Academic Paper Writing for students of Department of Conflict, Peace and Development Studies, Tribhuvan University

NIRC, in collaboration with Department of Conflict, Peace and Development Studies, Tribhuvan University organized a 2-day training on Academic Paper Writing for MA students on March 13 and 14, 2022 at the department premises in Kirtipur.

Grant Proposal Writing and CV Development

In collaboration with K and K International college, a 2-day training on Grant Proposal Writing and CV Development was organized for undergraduate students studying social sciences and social work. The event was held on April 5 and 6, 2022 at the college premises.

Short Course on Social Sciences Research for Social Work/Sociology students of Golden Gate International College

In collaboration with Golden Gate International College, NIRC organized a 9-day 20-hour short course on Social Sciences Research for social work/sociology students. The event was held from December 26 to January 4 in Kathmandu.

Grant Proposal Writing for BSW and MA students of Campion College

NIRC, together with Campion College organized a 2-day training on Grant Proposal Writing for BSW and MA students on December 9-10, 2021 at the college premises in Lalitpur.

Grant Proposal Writing and CV Development

In collaboration with K and K International college, a 2-day training on Grant Proposal Writing and CV Development was organized for undergraduate students studying social sciences and social work. The event was held on April 5 and 6, 2022 at the college premises.

A one-day training on Academic Paper Writing at Department of Conflict, Peace and Development Studies, Tribhuvan University, Kirtipur, Kathmandu

Academic Paper Writing for students of Department of Conflict, Peace and Development Studies, Tribhuvan University

NIRC, in collaboration with Department of Conflict, Peace and Development Studies, Tribhuvan University organized a 2-day training on Academic Paper Writing for MA students on March 13 and 14, 2022 at the department premises in Kirtipur.
3-day Skills Enhancement Training for National Youth Council members

In collaboration with National Youth Council (NYC) and Federal Youth Network, NIRC facilitated a 3-day Skills Enhancement Training at the NYC premises from December 17 to 19, 2021. The event was attended by Federal Youth Network members.

Skills Enhancement Training, organized by National Youth Council and coordinated by Federal Youth Network.

Online Training Events since Covid-19 Lockdown

Since the lockdown declaration in April 2020 due to Covid-19 pandemic, NIRC conducted series of online training events. We have so far conducted 57 online training events with over 2500 interested individuals participating in these events.

The list of online training events we conducted include:
Research Paper Writing – 25 batches
Monitoring and Evaluation – 9 batches
Grant Proposal Writing – 8 batches
Qualitative Data Analysis – 7 batches
SPSS Training – 2 batches
1 batch each of Academic Paper Writing, Academic Proposal Writing, R programming, Data Visualization, Editing and Proofreading, Literature Review
Organizational Development

NIRC supported in development of policies, strategies and facilitation of review, reflection sessions as part of its organizational development initiatives during the year 2021/22 as well. Some of its initiatives include:

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**Development of 5-year Organizational Strategy and Branding Guideline**

NIRC provided technical support in development of 3-year Organizational Strategy (2022-24) and Branding Guideline for Visible Impact, a Kathmandu based NGO working on sexual and reproductive health and rights (SRHR), youth and gender issues. The strategy and guideline development process also included a 2-day stakeholder workshop among the board members and staff of Visible Impact.

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**Review and Revision of Human Resources Policy and Prevention and Protection from Sexual Exploitation, Sexual Abuse, and Sexual Harassment Policy**

NIRC was also involved in the review and revision of Human Resources Policy and Prevention and Protection from Sexual Exploitation, Sexual Abuse, and Sexual Harassment Policy for YUWA. The review and revision of these policies also involved multiple level of stakeholder discussions with the board members and staff of YUWA.
Launch of Nepal Mental Health Website

Nepal Mental Health Initiative represents a collective effort by six local organizations: Global Shapers Kathmandu Hub, ANTARANG, YUWA, Happy Minds, Nepal Institute for Research and Communications (NIRC), and Pahilo Kadam to de-stigmatize mental health in our community. The initiative launched its website containing a publicly generated directory of mental health professionals on Sunday, 08 August 2022, among attendees from mental health professionals, representatives from different mental health organizations, and colleges in a program held at National College Auditorium Hall.

Nepal Mental Health website represents the first collective effort of database despite individual, organizational attempts to develop similar databases in the past. According to Saurav Thapa Shrestha, a member of the initiative, “it is an attempt to make information readily available to those seeking mental health specialists and gives a platform that allows them to choose where they fit to take counselling from.” The website provides visitors access to information on mental health professionals from office hours to fees and the latest resources on the website. It also has a section where visitors can recommend professionals by filling in a form, which is added to the database. The website represents a first step by the Nepal Mental Health Initiative with coordinated advocacy efforts planned to promote awareness across the spectrum of issues under mental health in the coming days. The initiative also plans to partner with other organizations to create a broader network to address mental health issues.
Our Publications

Published by Centre for Research Uptake - Nepal (CRUN) of NIRC, we are pleased to share our first publication of a research conducted by a recent graduate of Kathmandu University, Sakshi Shrestha on the theme, Women, ICT and Tourism Business in Nepal. Similarly, we have our second publication on ‘Impact of Globalization on Dietary Patterns of People in Nepal’, authored by Pransu Khakurel.

You can read about these publication at https://www.nepalcomms.org/research-reports/
Our Collaborators

The organizations we have collaborated with for our projects are illustrated below.